

## ADULT CLASSES & DANCES:

### MONDAY

8:30am – Body Sculpting *(all levels | drop in)*  
 9:15am – Jazzercise *(all levels | drop in)*  
 6:15pm – Latin Drills *(level 2| drop in)*  
 7:00pm – Cha Cha *(level 1 | drop-in)*  
 8:00pm – Salsa Bootcamp *(levels 1 & 2 | series)*

### TUESDAY

5:15pm – Jazzercise *(all levels | drop in)*  
 6:15pm – Intermediate Latin *(levels 2-3| drop in)*  
 7:00 pm – Foxtrot & V. Waltz *(level 1/series)*  
 8:00pm – Cha Cha *(level 2 / series)*  
 8:30pm – Standard Rounds

### WEDNESDAY

8:30 am – Body Sculpting *(all levels | drop in)*  
 9:15am – Jazzercise *(all levels | drop in)*  
 7:15pm – Salsa on 1 “Club Patterns” *(all levels / drop in)*

### THURSDAY

6:00pm – ZUMBA!! *(all levels | drop in)*  
 7:00 pm – Samba *(level 1 | series)*  
 8:00pm – Salsa for 2 Left Feet *(level 1 | series)*

### FRIDAY

8:30 am – Fab Abs! *(all levels | drop in)*  
 9:15am – Jazzercise *(all levels | drop in)*  
 5:15pm – Jazzercise *(all levels | drop in)*  
 7:00pm – East Coast Swing *(level 2 | drop in)*  
 8:00pm – **MAD HOT Ballroom Dance!!** A fantastic class then open dancing, refreshments & more!! A great place to practice and make new friends.

### SATURDAY

8:30am – Body Sculpting *(all levels | drop in)*  
 9:15am – Jazzercise *(all levels | drop in)*  
 11:30am – ZUMBA!! *(all levels | drop in)*  
 12:45pm – Latin Technique *(level 2 | drop in)*  
 8:00pm – **Social Ballroom Class & Dance!!**

## YOUTH CLASSES:

### MONDAY

5:15pm – Ballet, Jazz & Folk Dance (ages 3-4)

### WEDNESDAY

5:30 pm – Intro to Ballroom (12-17 yrs)  
 6:15pm – Ballet, Jazz & Folk Dance (ages 5-7)

### THURSDAY

4pm - Ballet, Jazz & Folk Dance (ages 5-7)

### SATURDAY

2:30pm – Intermediate Latin  
 3:15pm – Beginning Latin  
 4:15pm – Ballet, Jazz & Folk Dance(ages 5-7)

## WELCOME TO DANCE SPECTRUM!!

*Whether you are an advanced level student or have two left feet, learning to dance should be an inspiring and enjoyable experience. We welcome all ages and all levels and teach a complete range of styles in Ballroom dances such as Waltz, Cha Cha and Foxtrot; as well as street dances like West Coast Swing, Salsa and Lindy Hop.*

## CLASS TYPES

### Drop In Classes:

*You can attend these classes at anytime and are not required to pre-register. Cost is \$15.50 per class.*

### Series Classes:

*Series classes begin on the first scheduled class day of the month and require pre-registration. Cost is \$54.50/4 week series and \$68.50/5 week series. Online registration is available for all series classes.*

### Youth Classes:

*Grouped by age, these classes are taught on a drop in basis, but discounts apply when enrolling for the entire month. Call us to enroll your child in our great classes.*

**Online registration: [thedancespectrum.com](http://thedancespectrum.com)  
 Studio phone: 408.371.9722**

### Sign up...

for our newsletter @ [www.thedancespectrum.com](http://www.thedancespectrum.com) to receive special offers and class updates.

